

## Lesson Plan

Unit or Subject: Pre-apprenticeship Training Program

Topic: This is a 39 hour certificated course of instruction for cosmetologists and barbers.

Lesson Plan #1-6 online classes

Learning outcomes: The following are the outcomes of what the student will be able to do when he or she completes this course:

1. Identify the state rules and regulations on health and safety
2. Identify steps of proper hand sanitation procedure
3. Follow safety practices when using disinfecting chemicals
4. Follow state guidelines on how to safely clean and disinfect tools and equipment
5. Follow sanitation and disinfecting procedures stated on state rules

Materials: The 39 Hours Pre-Apprenticeship Manual, The Rules and Regulations of the California State Board of Barbering and Cosmetology, Pre-Apprenticeship Course Exam Book, Cosmetica Latina Brochure, websites and videos,

Lesson Outline:

- I. History of the Board of Barbering and Cosmetology
  - A. Read chapter one from the Pre-Apprenticeship Manual
  - B. Complete 33 out of 100 questions from exam number one
  - C. Watch proper hand washing video at [www.cdc.gov/handwashing](http://www.cdc.gov/handwashing)
  
- II. Basic Patron Protection
  - A. Read chapter two from same manual
  - B. Complete questions 34-66 from the exam number one
  - C. Read articles #983 and #985 in your state book of rules and regulations pages 143-144 for client protection

III. Sanitation

- A. Read Pre-Apprenticeship Manual chapter three (pgs.19-22)
- B. Complete your 100 question exam from #34-100 and submit
- C. Read instructions on how to perform a blood exposure test  
For client and licensee at website: <http://nictesting.org/wp-content/uploads/202003/Blood-Exposure-Procedures-approved-8-5-17.1-1.pdf>

#### IV. Microbiology and Bacteriology

- A. Continue reading chapter three pgs 23-26 same manual
- B. Complete your 25 question exam and submit and submit
- C. Under Article 12 Health and safety read #977 pgs. 127-128 #984 page 144 from Ca State Act and Regulations book.

#### V. Disinfection Procedures

- A. Read chapter four pages 27-29
- B. Complete your 20 question exam and submit
- C. Read procedure on disinfecting non-electrical instruments and equipment according to the state board rules and regulations article 979 pg. 129
- D. Read article 980 pg. 130 on disinfecting electrical instruments pa

#### VI. Safety Training in the Establishment

- A. Complete reading chapter four
- B. Complete you're your 40 question exam and submit
- C. Read article #986, 987,988, 989, and 990, pages 137 - 139

**Summary: This is a pre-apprentice course as it pertains to barbers and cosmetologists. The material covered is as follows: the rules and regulations of the Board of Barber and Cosmetology, basic patron protection, sanitation, and disinfection procedures. Other topics are MSDA sheets, health and safety in using chemicals, prevention of injuries, protecting yourself from hazardous chemicals, communicable diseases in the workplace, health and safety laws and agencies, and health and safety issues in the salon or shop.**

**REMINDER: All students must pass the written exams with a minimum score of 75% from 100%**